

A Woman's Heart Speaks

"Let your heart guide you. It whispers, so listen closely"

Unknown



This year, we have one extra day in the HEART month of February to do something special for ourselves.

Join us for an evening of heart-inspired learning, fun, and incredible food and wine. All to benefit YOU!

Ann Mazzola, BS, RN and Nurse Health Educator will lead us on an exploration that gets to the heart of the matter:

A Woman's Heart Speaks, are we listening?

Wednesday, February 29, 2012

Via Alto 27

27 High Street

Clinton, MA 01510

6 – 8 p.m.

Menu

Fruit Kabobs with Coconut Dressing

Chicken with Spiced Peach Sauce

Mushroom Risotto

Broccoli

Chocolate Almond Cheese Cake

Wine Tasting

Cost: \$65 per person

10% of the proceeds will go to the American Heart Association

To register, please contact

Sheri Rohr at sheri_rohr@hotmail.com or 978-365-5673

